



# Georgia Peace Officer Standards & Training Council

## *Brazilian Jiu Jitsu (BJJ) for Peace Officers Criteria & Instructions*

### **Georgia POST Council Rule 464-13-.24 "Basic Brazilian Jiu Jitsu for Peace Officers" Certification.**

***Each person applying for the basic level Brazilian Jiu Jitsu (BJJ) for Peace Officers Certification must:***

- a) Possess a Georgia POST certification as a Peace Officer, Corrections Officer, Parole Officer, Probation Officer, or Jailer,
- b) Be currently employed by a Georgia law enforcement agency,
- c) Complete 100 hours of organized BJJ training at a Georgia POST Council approved Brazilian Jiu Jitsu training facility,
- d) Demonstrate proficiency in the prescribed techniques as outlined in the GA POST approved Basic Brazilian Jiu Jitsu Certification curriculum,
- e) GA POST Council Approved Brazilian Jiu Jitsu Training Facilities must meet all GA POST and recognized BJJ industry training standards. GA POST Council will develop methods to accept and evaluate applications for recognition as an approved Brazilian Jiu Jitsu Training Facility. Approval will expire in 12-months from the date of issuance, but may be renewed annually.

### **Scope and Goals**

Although many of the fundamental principles of Brazilian Jiu Jitsu (BJJ) are generally agreed upon, diversity of styles, emphasis, techniques, terms, and disciplines exist in the Brazilian Jiu Jitsu profession. The goal of GA POST is not to govern exactly how BJJ is to be taught or practiced by every peace officer in every detail, but rather to encourage peace officers to learn and practice the *basic BJJ techniques* that would be most applicable to peace officers in carrying out their law enforcement duties. Therefore, freedom is afforded BJJ Schools and instructors in training their students in ways they deem most appropriate. However, in order for a peace officer to gain the Basic BJJ for Peace Officers GA POST Certification after training in BJJ for 100 hours, the officer must demonstrate proficiency in the techniques prescribed by GA POST to a GA POST approved BJJ instructor.

### **Application for Certification**

***If an applicant meets the criteria of the GA POST Rule, they can apply for certification by:***

1. Completing and submitting the BJJ Certification application found at [gapost.org/bjjcert](http://gapost.org/bjjcert);
2. Submitting documentation of 100 hours of training through a GA POST approved BJJ instructor or school;
3. Submitting the "Completion of Required GA POST BJJ Techniques" form signed by a GA POST approved BJJ instructor;
4. Emailing the application and documentation to [helpdesk@gapost.org](mailto:helpdesk@gapost.org). Upon receipt and verification of all documentation, the applicant will receive a GA POST Certification in Basic Brazilian Jiu Jitsu for Peace Officers.

### **No Cost for Application**

There is no fee to apply for or renew GA POST Basic Brazilian Jiu Jitsu for Peace Officers Certification, and there is no expiration date or need to re-certify.

### **GA POST, BJJ, and Use of Force**

Training in BJJ, even through a GA POST approved entity/instructor, is not a blanket endorsement of any use of force. Each peace officers' use of force is regulated by law and departmental policy and is judged by the totality of the circumstances involved in each encounter. Each peace officer must decide for themselves whether and when any force is used and what level of force is appropriate. Some of the techniques used in BJJ have the ability to cause injury and/or death (as does the use of batons, TASERs, OC spray, or firearms.) GA POST approval of BJJ training certification of a peace officer in BJJ or the application of any moves or techniques used in BJJ does not provide a defense for any use of force that deemed to be illegal or contrary to agency policy.



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### **Information for Analysis of Program**

The Application for Certification in Basic Brazilian Jiu Jitsu for Peace Officers will contain a section to provide additional information on the applicant that GA POST plans to use to conduct statistical analyses of the effectiveness of the program. This information is not taken into consideration in granting the certification. Any participation in future studies will be voluntary on the part of each officer.